TECHNICAL
EDUCATION
ACADEMY

Operational Risk Management Center

COURSE PROGRAMME

000043

HSSE027 - Working at Heights

Falls from height are one of the most common causes of injury at work.



Learn from the Best in the Business!

Course overview

Foundation level

Why take this course

Falls from height are one of the most common causes of injury at work. They can result in serious injuries and fatalities to people at work and others passing by, including those carrying out construction and maintenance as well as members of the public. Therefore, it's important that anyone carrying out work at height activities understands how to work safely and responsibly and in accordance with the law.

Who it is for and how it helps

Employees using ladders, working on scaffolding, construction supervisors, safety officers and any employees working at heights.

What you will learn

- Explain the legislation issues related to work on height
- Explain hierarchy of fall protection
- List fall factors
- Use safety equipment
- Use fall arrest techniques and PFP equipment
- Use anchors and connector
- Explain rescue planning and organization
- Use horizontal rescue techniques
- Use vertical rescue techniques
- Implement casualty management techniques and utilize suspension trauma

Curriculum

Modules 01–10

01 Hierarchy of fall protection

- Hierarchy of fall protection

02 Work positioning

- Work positioning

03 Fall arrest & suspension trauma

- Fall arrest & suspension trauma

04 Safe system of work

- Safe system of work

05 Use, selection and inspection of work restraint & fall protection equipment

- Use, selection and inspection of work restraint & fall protection equipment

06 Overview of rescue from height

- Overview of rescue from height

07 Rescue plan assessments & preparation

- Rescue plan assessments & preparation

08 Demonstration & practice of ascending & descending

- Demonstration & practice of ascending & descending

09 Use of specialist rescue from height equipment

- Use of specialist rescue from height equipment

10 Practical exercises of height rescue

- Practical exercises of height rescue

Curriculum

Modules 11

11 In depth theory session on suspension trauma and treatment

- In depth theory session on suspension trauma and treatment

Pre-course requirements

- Основы высотных работ и безопасность

Joining the programme

Contact the Academy and quote course code 000043 to confirm dates, delivery format, prices and enrolment terms.

Training for your team

Tell us your business goals, the roles and number of participants, and your preferred dates and location. This will help us discuss the right training option.

Preparing for the programme

Read the pre-course requirements in this programme before enrolling.

Discuss your training needs

mail@tecedu.org
www.tecedu.academy

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